

In and Out of Time

November 19th - 23rd, 2024

In Le Locle, Switzerland



Workshops, performances, great food, warm company and more.

'Step out of the circle of time and into the circle of love.' Rumi

THROUGH STORY, MUSIC AND WALKING,
WE WILL BE CROSSING BORDERS, VISITING
PLACES IN BETWEEN, AND JOURNEYING
TO THE FAR REACHES OF IMAGINATION, TO
DREAM WORLDS AND BEYOND.

For costs and more information: www.merfolkstorytelling.com

Or email: sophie.mauch@praesent.studio

IN AND OUT OF TIME

LE LOCLE, SWITZERLAND

Come and join us for 5 magical days of music, workshops, storytelling, great food and so much more...

19TH - 23RD NOVEMBER 2024



‘Step out of the circle of time and into the circle of love.’ Rumi

Through story, music and walking, we will be crossing borders, visiting places in between, and journeying to the far reaches of imagination, dream worlds and beyond.

Time works differently in the Borderland! As Autumn becomes Winter, the first snows settle in the Jura mountains. Le Locle, on the Swiss side of the border to France, is the perfect place to journey to and forget about time... Together, against this magical backdrop, we will be mapping time and connection; the time found in the dwindling fragrance of flowers, the singing of birds, the rustle of the wind through the falling leaves.

Over 4 days of workshops, we will be exploring the role of the ancestral. As the days shorten and the nights get longer, the twilight and the fireside offer quiet times to reconnect to a deep ancestral wisdom that speaks in riddles, poems, songs, and story. It will be a time of reflection, of looking inwards, while dropping deeper into space and location. We will be walking the territory of story, song, or memory. Establishing a rhythm of connectivity, finally balanced with the weather, and the land.

Join us, to nourish our bodies, minds and spirits. Discover the energy of place, wild plants, craftswomanship, and most of all, stories to live with in these times of chaos and upheaval.



Day 1

We will be mapping connection and time, understanding the role of the ancestral, and time. Through finally tuned exercises, ritual, poetry, and story we will journey to meet the ancestors.

In the afternoon we'll discover stories of the streets and follow the murals. Before dinner voice and music development with Stacey.



Day 2

Day 2 will be centred around mapping the internal, through understanding and working with sensation and feelings: the *Skin, Flesh, Muscle, and Bone* of a story, while moving the story into our bodies

Afternoon: Travel through time at the poetic watch museum Château des Monts; followed by an informal story jamming session



Day 3

Mapping space and location, walking the territory of a story, asking how does your story travel across the landscape? How does the land speak through your story?

In the afternoon there will be an outing to the border zone, to listen to the wind, the trees, and the rocks.



Day 4

On day 4, we will be mapping linear time by understanding the history of a story. Know the background, know your characters' stories.

For the afternoon we will be travelling below the surface at the Moulin Souterrains (underground mills). On Friday evening: you will have the opportunity to tell your story.

Saturday 23rd November

Anna, Jane, Sophie and Stacey will perform stories, songs, and music. More details to come.



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The workshops will trace a trajectory through your stories, memories, or poems, and develop meaningful ways to communicate them to an audience.

We will start daily at 9am.

In preparation for our magical adventure, we will meet two weeks before on Zoom (details to come).

Costs, *exclusive of accommodation*: Early bird rate booked before August 31st, **550 Euros**. After, **625 Euros**. This includes all the workshops and performances, daily refreshments, and a vegetarian lunch Tuesday-Friday.

Accommodation: www.guesthouse-lelocle.ch/. Special rates for participants, or alternative options nearby.

All are welcome: storytellers, writers, artists, magicians, performers, witches and diviners.

To register and reserve accommodation, email: Sophie Mauch

